

# ABILENE REGIONAL COUNCIL on ALCOHOL AND DRUG ABUSE, INC.

## MEMORANDUM OF UNDERSTANDING

This memorandum of understanding is entered into between the Helen Farabee Centers contracting with Abilene Regional Council on Alcohol and Drug Abuse, Inc. (ARCADA) and Montague County for the purpose of providing prevention/intervention programs that offer constructive methods designed to prevent and/or interrupt the onset or progression of substance abuse. This Understanding will be submitted to meet the requirements of the community-based process for the Outreach, Screening, Assessment, and Referral program funded by the **Department of State Health Services**.

**The Abilene Regional Council on Alcohol and Drug Abuse will be responsible for facilitating the following tasks and objectives:**

- Influence the incidence and prevalence of ATOD use, abuse, and addiction by engaging in service and action-oriented activities.
- Attend meetings of community and social service agencies, judicial and/or law enforcement departments, probation/parole departments, mental health and co-occurring psychiatric and substance abuse disorders (COPSD) service providers, Federally Qualified Health Centers, Regional Public Health Centers and the Department of Family and Protective Services to foster coalition building, networking, environmental strategies, service enhancement, regional substance abuse treatment system issue resolution, and community mobilization through the community-based process.
- Disseminate information about programs, services, ATOD, and/or life skills through literature distribution systems, media awareness activities, etc.
- Offer and provide problem identification and referral services for adults/youth who have indulged in or are at risk of indulging in the use of ATOD and their families. Brief interventions including, but not limited to crisis intervention and Motivational Interviewing (MI) will be offered as pre-treatment services to help individuals move through the stages of change to a state of readiness to address substance use problems. Other services offered will include screening, assessment, follow-up, and placement into appropriate treatment programs that may include detoxification, outpatient, intensive residential, and recovery oriented systems of care. Motivational counseling and referrals to other support services will be offered to assist the client in maintaining engagement in the recovery process and while waiting for residential treatment.
- ARCADA will determine and document financial eligibility for services through DSHS, and other funding sources at the time of screening. If the client is not eligible for DSHS funding, ARCADA will provide and document referrals to alternative service providers consistent with the client's needs and financial resources.
- Outreach Program Coordinators of ARCADA will follow screening procedures to identify members of priority populations. The Department has established priority populations for treatment in accordance with Federal Substance Abuse Block Grant regulations and state designation. Treatment Contractors shall give preference for treatment services in the following order of priority: pregnant injecting drug users; pregnant substance abusers; injecting drug users; parents with children in foster care; and veterans with honorable discharges. DFPS referrals who are not identified as priority population must receive priority admission behind the priority population.
- Outreach Program Coordinators will conduct and document an Informed Consent for all pregnant opioid/opiate dependent individuals seeking treatment. The Informed Consent will include the following options: 1) opioid substitution therapy 2) medically managed detoxification or 3) no treatment.
- Provide referrals to ARCADA's Pregnant Postpartum Intervention (PPI) program for pregnant and postpartum females (adult and youth) with substance use disorders or who are at risk of developing substance use disorders as appropriate.

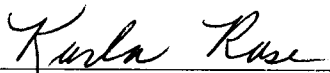
- Provide screenings for tuberculosis (TB), hepatitis B and C, sexually transmitted diseases (STDs), and Human Immunodeficiency Virus (HIV). Outreach Program Coordinators will make referrals to community resources for further testing and counseling when appropriate.
- Upon determining that a client has a Co-Occurring Psychiatric and Substance Use Disorder (COPSD), the Outreach Program Coordinator will refer the client to a DSHS-funded Local Mental Health Authority (LMHA), DSHS-funded COPSD provider, or other appropriate community resource.
- Outreach Program Coordinators will assess tobacco use for all clients and provide tobacco cessation assistance for clients who choose to pursue quitting.

**Montague County agrees to support and assist in the following tasks:**

- Utilize ARCADA presentations/information dissemination for clients and/or staff as needed.
- Provide a confidential setting for ARCADA's OSAR to conduct screening, assessment, and/or brief intervention services when appropriate.
- Provide consents for release of confidential information to Outreach Program Coordinators and ARCADA in order to insure coordination of services for OSAR clients and assist in the continuum of care process when appropriate.
- Agree to comply with all state and federal laws, regulations, rules, procedures and policies regarding confidentiality and protection of client information and records.
- Refer clients and/or staff for ARCADA's OSAR services and programs for prevention, intervention, and recovery support purposes.
- Offer networking and coalition building assistance for community mobilization, environmental and social policy making, cross referral, and regional substance abuse treatment system issue resolution purposes.

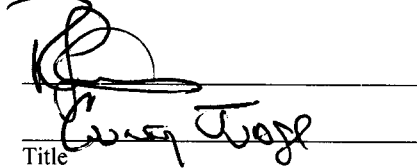
**FISCAL YEAR 2016 GRANT PERIOD (September 1, 2015-August 31, 2016)**

Signature:



Karla Rose  
Executive Director  
ARCADA

Signature:



Title